

Mini 6 | XL | Classic 6 | Deluxe | Classic 8 | Push Down

# **USER MANUAL**





**PUSH DOWN** 



**CLASSIC 8** 

Thank you for choosing this Aspire walker.

This product has been specifically designed to offer comfort, support and safety. Aspire seat walkers are suitable for indoor and outdoor use and are available in a range of sizes.

It is important that you read this user manual carefully before using your new walker.

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# 1. PRODUCT SPECIFICATIONS

Overall Height (mm)	Overall Length (mm)	Overall Width (mm)	Seat Depth (mm)	Seat Width (mm)	Seat Height (mm)	Backrest Height (mm)	Folded Width (mm)	Castor Size (inches)	Unit Weight (kg)	SWL (kg)		
	À		Ä			À!		<b>4</b>	À	kg		
Seat Walker Deluxe												
834 – 989	764	545	305	355	587	836	245	8	7	130		
Seat Walker Classic 8"												
817 – 972	660	628	305	355	584	815	200	8	7	130		
Seat Walker Classic 6"												
760 – 915	624	615	305	355	528	769	200	6	7	130		
Seat Walker Mini												
743 – 905	556	615	305	355	490	690	200	6	7	130		
Seat Walker XL												
875 – 685	710	740	340	495	555	850	230	8	7	180		
Seat Walker Push Down												
840 – 975	610	620	305	355	580	815	255	7	7	130		
Superlite												
740 – 910	550	600	320	350	460 - 590	700	200	6	5	113		

# 2. COMPONENTS & FEATURES



### **SEAT WALKER DELUXE**



Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Inline rear castors for increased stepping zone

Handle height adjusts quickly with hand wheels for optimal sizing

Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis

Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain

Padded seat flips up easily for access to storage bag (supplied) or for folding

Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage

Easy folding mechanism facilitates storage and transportation

Swivelling front castor wheels increase manoeuvrability

8" solid, puncture-proof wheels which provide increased manoeuvrability over various surfaces

Available in blue or red

Easy wipe-clean surfaces



## **SEAT WALKER CLASSIC 8"**



Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Handle height adjusts quickly with hand wheels for optimal sizing

Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis

Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain

Padded seat flips up easily for access to storage bag (supplied) or for folding

Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage

Easy folding mechanism facilitates storage and transportation

Swivelling front castor wheels increase manoeuvrability

8" solid, puncture-proof wheels which provide increased manoeuvrability over various surfaces

Available in blue or red

Easy wipe-clean surfaces





## **SEAT WALKER CLASSIC 6"**



Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Handle height adjusts quickly with hand wheels for optimal sizing

Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis

Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain

Padded seat flips up easily for access to storage bag (supplied) or for folding

Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage

Easy folding mechanism facilitates storage and transportation

Swivelling front castor wheels increase manoeuvrability

6" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces

Available in blue or red

Easy wipe-clean surfaces



### **SEAT WALKER MINI**



Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Low 490mm seat height to suit lower height/shorter users

Handle height adjusts quickly with hand wheels for optimal sizing

Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis

Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain

Padded seat flips up easily for access to storage bag (supplied) or for folding

Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage

Easy folding mechanism facilitates storage and transportation

Swivelling front castor wheels increase manoeuvrability

6" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces

Available in blue or red

Easy wipe-clean surfaces



#### **SEAT WALKER XL**



Wide padded seat and increased 180kg safe working load for large users

Handle height adjusts quickly with hand wheels for optimal sizing

Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis

Ultra-soft hand brakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist/hand joint pain

Extra large padded seat flips up easily for access to storage bag (supplied) or for folding

Curved and padded backrest flips up/removes easily for folding/storage

Easy folding mechanism facilitates storage and transportation

Swivelling front castor wheels increase manoeuvrability

8" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces

Available in silver

Easy wipe-clean surfaces



## SEAT WALKER PUSH DOWN



Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Weight activated brakes ideal for arthritic hands

Handle height adjusts quickly with hand wheels for optimal sizing

Anatomically designed, latex-free handles allow comfortable grip especially for users with arthritis

Padded seat flips up easily for access to storage bag (supplied) or for folding

Curved and padded backrest offers comfortable seated support and flips up/removes easily for folding/storage

Easy folding mechanism facilitates storage and transportation

Swivelling front castor wheels increase manoeuvrability

7" solid, puncture-proof wheels provide increased manoeuvrability over various surfaces

Available in blue or red

Easy wipe-clean surfaces







## **SEAT WALKER TRI-WHEEL**

Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and transport

Handle height adjusts to suit user requirements

Three-wheel ideal of using in confined spaces

Ultra-soft handbrakes with palm ball lock effortlessly, offering increased comfort for users with arthritis or wrist / hand joint pain

Easy folding mechanism facilitates storage and transportation

Handbrakes are lockable for stability while standing

Strong heavy gauge steel constructions for support and durability

Basket, bag and meal tray provided for storage and ease of travel

Swivelling front castor wheels increase manoeuvrability

Available in red

Easy wipe-clean surfaces



## **SUPERLITE**

Rustproof, robust aluminium frame for durability and stability, very light to manoeuvre and easy to transport

Lightest seat walker on the market at only 5 Kg

Adjustable walker height

Adjustable handle height

Lockable handbrakes for stability while standing

Folding mechanism for easy transport and storage

Removable under-seat storage bag

Easy wipe clean

Swivelling 6" front castors

Available in champagne

# 3. INSTRUCTIONS FOR USE

## **APPLYING BRAKES**

## FOR MODELS WITH HAND BRAKE ONLY

Aspire Seat Walkers feature ultra soft touch brakes - very little force is required to engage the brake lock. Always use the seat walker handles, not brake levers, to support body weight. Ultra soft touch brake levers are not designed for this purpose which may cause damage

1. Pull the hand brake up towards the palm of your hand creating a fist



2a. Push the hand brake down gently until lock activates. This can be done with as little as 2.5kg of pressure

2b. To release the brake, push the hand piece back towards the grip





#### FOR PUSH DOWN MODELS

Apply weight through the handles to force to force rubber stopper in contact with the ground



## SITTING ON THE WALKING FRAME

### FOR MODELS WITH HAND BRAKES ONLY

- 1. Ensure the hand brakes have been pushed down until an audible click noise has been heard. This function can also be confirmed visually as the brake handle will remain pushed down (image 2a on previous page)
- While holding on to the handles (not the brake levers) turn with your back facing the seat and pull the seat walker towards you until it can be felt against the back of your legs
- 3. Slowly and carefully lower yourself on to the seat

- 4. **Always** sit centrally on the seat walker, avoid leaning heavily to either side as this may cause the seat walker to become unstable
- NEVER propel yourself with your feet using the seat walker as a transportation device – it is NOT designed for this purpose.
- 6. **NEVER** allow another person to push you along in the seat walker whilst seated as it is NOT designed as a transportation device or to serve as a substitute for a wheelchair

## FOR PUSH DOWN MODELS

- While holding on to the handles (no levers) turn with your back facing the seat and pull the seat walker towards you until it can be felt against the back of your legs
- 2. Slowly and carefully lower yourself on to the seat. Pushing down on the handles will bring the rubber stoppers in contact with the ground and engage the braking mechanism

 Always sit centrally on the seat walker, avoid leaning heavily to either side as this may cause the seat walker to become unstable

### FOR TRI-WHEEL MODELS



This model of walker is **NOT** designed for seating, as it's only purpose is to assist user mobility

## **FOLDING AND STORAGE**

- 1. Lift up the padded seat
- 2. Pull on the handle in the under seat bag, this will cause the A-Frame section to fold
- 3. Pull up the padded backrest or alternatively this can be removed using the push buttons on either end of the backrest







## **BRAKE ADJUSTMENT**

- 1. A tension adjustment nut is located at the point where the brake cable inserts into the brake handle (refer to image 1). There is also a tension adjustment at the other end of the brake cable where it inserts into the brake mechanism near the rear wheel (refer to image 2)
  - These adjustment nuts can be used to tighten the cable (if brakes are loose or not working normally) or loosen if brakes are too tight and not allowing the rear wheels to roll freely
- 2. Brakes are adjusted to the optimal tension during manufacturing and should not require adjustment when new. Over time as rear wheels wear and reduce in diameter, brakes can and will become loose and may need to be tightened







## **ADJUSTING HANDLE HEIGHT**

- 1. Undo hand wheel
- 2. Reposition handle to appropriate height
- 3. Reinsert hand wheel and tighten







## FOR XL MODEL:

- 1. Undo hand wheel from nut and reposition handle to appropriate height
- 2. Reinsert hand wheel, add washer and nut then tighten





# 4. CARE & MAINTENANCE

## MAINTENANCE SCHEDULE

## Weekly

- · Check brakes for malfunction
- · Check all wheels and castors for loose bolts & nuts

## Periodically

- · Check handgrips for wear
- · Check frame bolts are secure
- · Check folding hinge bolts are secure
- · Check front and rear axle bolts are secure
- · Check for wear or cracks
- · Check wheels for splitting or damage
- Check seat upholstery for wear and seat base for cracks and that it is secured to frame

## Yearly

• Once a year take your seat walker to an authorised repairer for a full check, clean, service and lubrication of all moving parts

## Serviceable Components

- · Wheels
- · Bag
- · Hand grips
- · Brake Cables
- · Seat
- · Brake Handles
- · Bearings
- · Bolts and Nuts



# 5. WARNINGS

Safe working load is 130kg (180kg for XL model, 113kg for Superlite model)

**DO NOT** stand on this product

Ensure both push handles are adjusted to the same height

Seek advice from a trained health care professional or approved Aspire retailer representative for height adjustment of this product

**DO NOT** use in place of a wheelchair or patient transport device

**DO NOT** attempt to replace the wheels or castors of your seat walker. If they are faulty or require replacement please contact an authorised repairer

Ensure that your seat walker is opened fully (folding hinge is straight) before using it

Ensure that your fingers are clear from folding hinge when folding

# 6. COMPLIANCE

The Aspire walker range is manufactured to strict quality control standards.

As part of Australian Standards compliance, safety stickers are located on the frame of this walker. Please ensure that you familiarise yourself with these prior to use.

This product complies with Australian Standards ISO11199-2:2005. As the importer of this product, Aidacare maintains records of all testing reports and compliance certificates. All testing was completed by Novitatech.

Novitatech is an independent NATA accredited laboratory and is widely acknowledged as the leading provider of safety testing services for walkers and mobility products in Australia.

# 7. WARRANTY

Aidacare provides a 12 month warranty subject to reasonable wear and tear. Aidacare is bound by Australian Consumer Law in respect to "Warranty Against Defects" on this product. A copy of the Aidacare "Warranty Against Defects" Statement is available on our homepage (aidacare.com.au). Any contact pertaining to warranty matters should be directed to Aidacare Customer Service on 1300 133 120 where support will be provided.

Should any part of the seat walker break, fatigue or show defects due to manufacturing issues or error, Aidacare will replace the affected components free of charge and reserves the right to replace the entire seat walker should this be more economical for Aidacare. All warranties are back to base, which requires the user to return the seat walker or the affected part to an Aidacare Service Centre. For the location of your nearest service centre call 1300 133 120.

For all warranty claims, proof of purchase must be provided by the customer. Aidacare warranty does not cover any product or component damaged or broken due to neglect or misuse. Aidacare does not honour this warranty for any product that has been modified from its original state. Aidacare will bear no freight costs for the return of any items under warranty.

The suggested service period for all seat walkers is every 12 months.

# 8. SERVICE MAINTENANCE & CUSTOMISATION

To arrange a service or customisation for your walker, please call Aidacare on 1300 133 120.

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